

Ways Adults Can Help

Each troop needs the help of adults to provide a quality Girl Scout Experience.
Get involved and make a difference in the lives of girls!

Adult's Name _____
 Address (City, State, Zip) _____
 Home Phone _____ Cell Phone _____
 Email _____
 Girl's Name _____

I would like to (check all areas of interest):

Help the Troop:

- | | |
|---|---|
| <input type="checkbox"/> Help at one meeting (1 hour) | <input type="checkbox"/> Help manage troop budget (2 hours/month) |
| <input type="checkbox"/> Help with troop fundraising (4 hours) | <input type="checkbox"/> Drive on trips/outings (1 hour/month) |
| <input type="checkbox"/> Purchase supplies (1 hour) | <input type="checkbox"/> Be a first aider (2-4 hours/month) |
| <input type="checkbox"/> Coordinate Troop snacks (1 hour/week) | <input type="checkbox"/> Provide snacks for meetings (1 hour) |
| <input type="checkbox"/> Provide space for storage (no time) | <input type="checkbox"/> Help with the cookie sale (2-4 hours/week) |
| <input type="checkbox"/> Help with the fall product sale (2-4 hours/week) | <input type="checkbox"/> Coordinate family communication (2-4 hours/week) |
| Other: _____ | |

Teach the Girls: (2-4 hours)

- | | | | |
|-----------------------------------|------------------------------------|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Animals | <input type="checkbox"/> Drama | <input type="checkbox"/> Music | <input type="checkbox"/> Science |
| <input type="checkbox"/> Camping | <input type="checkbox"/> First Aid | <input type="checkbox"/> My Career | <input type="checkbox"/> Sewing |
| <input type="checkbox"/> Computer | <input type="checkbox"/> Fitness | <input type="checkbox"/> My Culture | <input type="checkbox"/> Songs |
| <input type="checkbox"/> Cooking | <input type="checkbox"/> Games | <input type="checkbox"/> Nature | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Crafts | <input type="checkbox"/> Gardening | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Dance | <input type="checkbox"/> Math | <input type="checkbox"/> Photography | <input type="checkbox"/> Other: _____ |

Safe Driver Pledge:

As a volunteer driver for a Girl Scout Activity, I understand it is my responsibility to transport girls safely to the scheduled activity and back to their parents or guardians. To ensure the safety of the girls, **I pledge to:**

- | | |
|--|---|
| <ul style="list-style-type: none"> • Make sure that the vehicle is in safe operating condition before the trip • Confirm that everyone is wearing a seatbelt at any time the vehicle is moving • Drive within posted speed limits • Use turn signals for all turns and traffic lane changes • Yield to all incoming traffic and be extra careful when making left turns • Keep at least a three-second interval between my vehicle and the vehicle in front of me when highway driving | <ul style="list-style-type: none"> • Drive with extra caution during hours of darkness and any other time visibility is reduced or road conditions worsen • Plan extended trips to avoid riding in the dark • Never drive when sleepy • Take rest break every two hours • Alternate drivers when I need a break • Never use a cell phone when driving • Refrain from smoking in the vehicle in the presence of the girls |
|--|---|

I certify that I have a current driver's license and proof of vehicle insurance.

Signature _____ Name _____
 Date _____