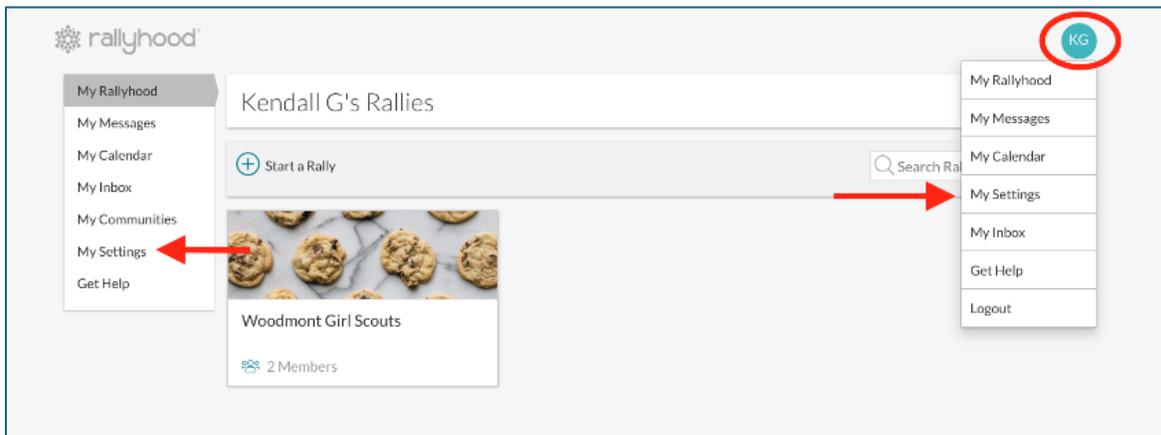


Adjusting Email Notification Settings

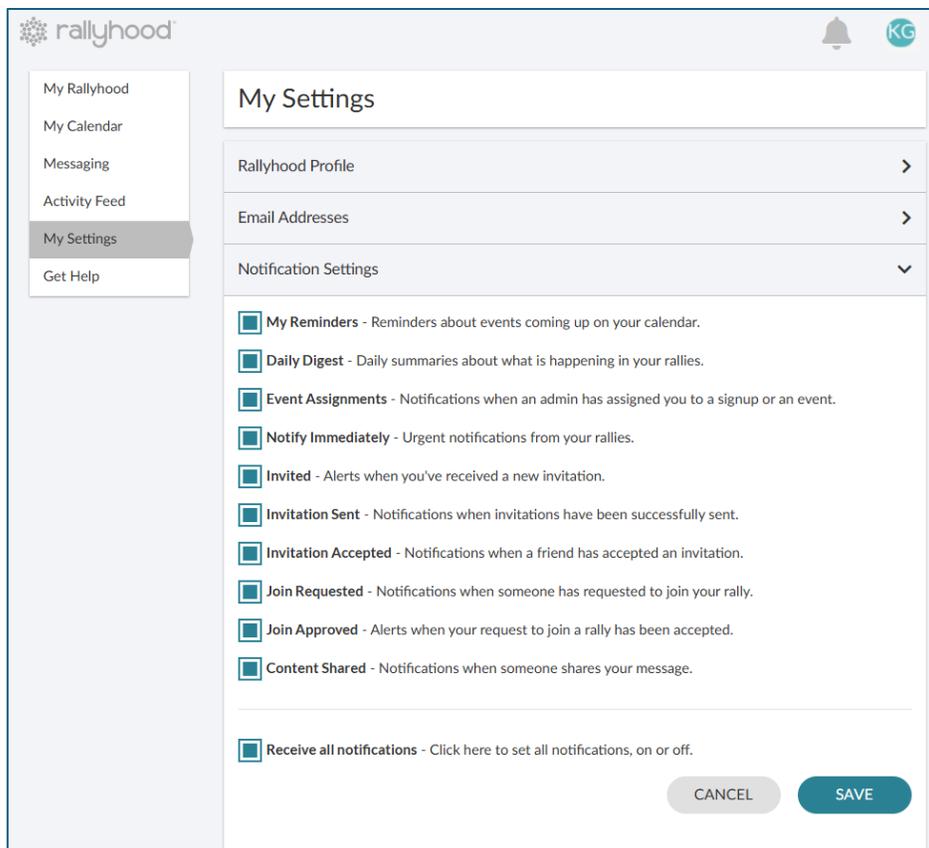
1. From your Rallyhood homepage, click "My Settings" on the left-hand menu **or** click the circle in the upper right-hand corner of the homepage and select "My Settings" from the drop-down menu.



2. Next, click on "Notification Settings."

*Note – this applies to **email** notifications, not mobile app push notifications.*

If you are experiencing a heavy amount of email notifications, your default settings may have all notification preferences selected.



- From this page, you can customize your email notification preferences by selecting "On" or "Off" for each option.

We recommend selecting **My Reminders**, **Daily Digest**, and **Notify Immediately**.

** If you are an Admin, **Join Requested** is also recommended.*

My Reminders - Reminders about events coming up on your calendar.

Daily Digest - Daily summaries about what is happening in your rallies.

Event Assignments - Notifications when an admin has assigned you to a signup or an event.

Notify Immediately - Urgent notifications from your rallies.

Invited - Alerts when you've received a new invitation.

Invitation Sent - Notifications when invitations have been successfully sent.

Invitation Accepted - Notifications when a friend has accepted an invitation.

Join Requested - Notifications when someone has requested to join your rally.

Join Approved - Alerts when your request to join a rally has been accepted.

Content Shared - Notifications when someone shares your message.

Receive all notifications - Click here to set all notifications, on or off.

You can also merge daily digests into one email per day rather than one daily digest per rally.

Daily Digest ▼

Merge digests into one email

- Click "**Save**" once you have completed your selections.